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Bio Impedance Signal Analysis with Variation in Input Signal Frequency

Sheeba Santhosh¹, A. Vimala Juliet², G. Hari Krishnan^{3*}

¹Research Scholar, Sathyabama Institute of Science & Technology, India ²Professor, Department of ICE, SRM Institute of Science & Technology, India ^{3*}Associate Professor, Department of EEE, SreeVidyanikethan Engineering College,Tirupati, India Corresponding Author E-mail:haris_eee@yahoo.com

ABSTRACT

The critical need for the monitoring of cardiac diseases on a regular basis has led to the development of non-invasive techniques. The non-invasive techniques have tremendous advantage as compared to invasive techniques in terms of its measurement difficulties and the complications of circuit design. One such noninvasive technique used in our study is bio-impedance method of diagnosing of diseases. In this paper we analyzed bio-impedance signal changes with respect to the changes in the input excitation signal frequency variations. AD5933EBZ evaluation board were used as hardware tool to carry out the bio-impedance signal analysis.

Key words : Signal Frequency, Input excitation, bio-impedance signal, Magnitude and Impedance Analyzer.

1. INTRODUCTION

Bioimpedance methods completely depend on the application of low intense high frequency current on the surface of a tissue. AD5933 variable frequency signal generator with impedance measuring system based development board was used [1][2]. The conventional method of invasive techniques where replaced by noninvasive methods. The use of electrocardiogram and photo plethysmography was prevalent for examining the state of the patient [3][4]. But it was observed that, these methods encounters signal variations at different instances of time depending on the physical movement of the subject and also the environment in which the measurement is carried out affects the values obtained [5][6]. A novel approach to overcome such difficulties is the bioimpedance method which has been developed long back, but its effectiveness in measuring heart diseases has increased in recent studies [7].

Bioimpedance techniques reveal the fact that human body acts as a conductor and it has a resistance associated with it which is known as bioimpedance because of the presence of ions in the cellular structure [8][9]. Bioimpedance of a tissue or a cell or human body is measured by applying a low intensity high frequency current which causes variation in the impedance of a tissue or cell, resulting in a change in voltage that can be measured[10]. Bioimpedance is a complex quantity which has resistance as areal part and reactance as imaginary part and is expressed as Ω [11][12].

$$Z = R + j X_c \qquad (1)$$

Where resistance represents the resistance of the cell to the flow of current and the reactance represents the opposition to the flow of current [13][14]. The bioimpedance is depended on the frequency and it varies according to the applied frequency [15]..[17]. The bioimpedance value of tissues will help us to identify any physiological and pathological changes [18][19]. The applications of bioimpedance include determination of composition of body, in nephrology which aids in dialysis, impedance cardiography to detect heart diseases, electrical impedance tomography which provides the images of internal parts of the body [20][21].

The main aspect of bioimpedance measurement system is the electrode [22]. [24]. These electrodes act as an interface between the human body and the recording instrument through electrical and chemical changes [25][26].



Figure 1: a) General Electrode Model b) Electrode Element

As shown in the figure 1, a generalized electrode model consists of the external layer of the skin, a metallic electrode and an electrode gel [27] .. [29]. The functionality of the gel is to increase the conductivity to the electric current [30] .. [32]. There are different types of electrodes used for biosignal recording. Gold electrode in the form of paste is generally available as two concentric helical structures which are used to measure the moistness of the sweat in the skin [33][34]. In order to overcome the demerits of direct contact of electrodes with the skin, capacitive type electrodes[35][36] were used

but the results were not satisfactory [37]. Active type of electrodes replaced capacitive type of electrodes by using amplifiers with input impedance which is high and output impedance which is low [38]. In medical applications now a days garment electrodes are used to measure and monitor the vital parameters of a patient [39].

In Impedance cardiography, most common type of electrodes used is silver-silver chloride electrode which has shown a great advantage in the impedance measurement system [40][41]. There are different ways of using the electrodes for measurement. Electrodes can be used as two electrode system, four electrode systems, eight electrode systems are used for measurement.

2. EXPERIMENTAL METHODS AND RESULTS

The most important aspect of bioimpedance measurement for a cardiac system depends on the placement of electrodes for the accurate measurement of bio signal. In this paper we have reviewed the placement of electrodes and its performance for impedance measurement.

A pair of electrodes acts as current injecting electrodes to inject a high frequency low intense current. It is generally placed in the upper part of the laterocervical region that is the root of the neck. The other two electrodes are placed in the midaxillary line at the upper abdomen region as shown in figure 2. The electrical current thus injected is mainly passed through the thoracic aorta and the venae cavae [21]. The electric current is mainly associated with the blood flow which flows through the thoracic aorta and venae cavae and it produces thoracic impedance corresponding to the blood flow variations. Generally, a high frequency (500Hz to 10 kHz) constant current (less than 10mA) source is used for impedance measurement. The impedance signal generated is dependent on the flow and volume of blood, current distribution and the change in resistance of the blood flow in that particular region where the electrodes are placed.



Figure 2: Electrode placement in the neck and chest

A high gain high input impedance instrumentation amplifier picks up the changes in the voltage from the forearm. To remove the superimposed power line noise a band reject filter is used. Filtered signal is rectified and pass through the band pass filter to demodulate the required signal and is amplified with a high gain amplifier. Experiment were conducted using AD5933EBZ evaluation board by Analaog Electronics. Initial configuration were done with start frequency set at 500Hz, Delta Frequency 50Hz with number of increments was set at 100. During frequency sweep each frequency value will stay for 14seconds. Input excitation signal was set to sine wave of 2V peak to peak. Proper calibration was carried out by setting the value of feedback resistance between Vin and Vout voltage nodes for getting un distorted impedance wave.

S.No	Frequency	Impedance	Magnitude
1	500	1548824.901	26831.57875
2	650	1625027.423	25573.36368
3	1200	2604324.38	15957.08184
4	1250	2809736.738	14790.50216
5	1350	3347217.795	12415.51038
6	1800	5923798.668	7015.332494
7	1950	5046874.131	8234.288433
8	2000	4805940.324	8647.093905
9	2050	4604047.377	9026.279245
10	2150	4318437.412	9623.253348
11	3100	3429180.683	12118.75988
12	3850	2946704.215	14103.0162
13	3900	2913584.868	14263.32822
14	3950	2882008.267	14419.60377
15	4000	2851239.092	14575.21307
16	4950	2472857.69	16805.4221
17	5000	2458582.335	16903.00003
18	5050	2446136.074	16989.00471
19	5450	2371862.581	17521.00548
20	5500	2366312.087	17562.10329

Table 1: Impedance and Magnitude values with respect to
input signal frequency variation.





Once the initial configuration was done program device register was loaded with the set values and made the setup to calculate the value of gain factor. Frequency sweep option was selected to excited the part upder study with differenct set frequencies. Experimental values of input signal excitation frequency, Impedance value and magnitude are tabluated as shown in table 1. Graphs where plotted between excitation signal frequency in x-axis and its corresponding variation in bio-impedance and magnitude were plotted in y-axis as shown in figure 3 and figure 4.



Figure 4: Magnitude and Phase variation with respect to change in input signal frequency

3. CONCLUSION

Analysis of bio-impedance signal with respect to frequency variation on the input excitation signal was performed. Magnitude and impedance variation due to the change in applied signal frequency on input electrodes under bio-impedance diagnosis were analyzed. It has been observed that resonance frequency where peak magnitude was obtained varies between 1700Hz to 1800Hz for various electrode distances.

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5. CONFLICT OF INTEREST

The three authors of this paper have no conflict of interest in any means.

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