



## Development of a Pilot-scale Pulse Electric Field system for Processing Liquid Foods

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### ABSTRACT

Pulse-Electric Field (PEF) System can be described as a system that utilises high voltages applied at a specific interval and with a particular wave shape in treatment (inactivation and destruction of micro-organism cells) of liquid or solid food. Pulse-Electric Field food processing system reduces the drawbacks (such as deterioration in sensory values, energy contents, and freshness) of other methods significantly. To generate the high voltage needed for the treatment, a series of capacitors and diodes connected were used. Generation of the desired pulse shape, which is the square wave is achieved through ATmega-328 microcontroller. The pulse control system is made up of a button to vary the treatment time, the power switch and a 16x2 alphanumeric Liquid Crystal Display (LCD) which serves as visual feedback. For the evaluation of the fabricated system, bacteria were cultured using MacConkey agar solution and then diluted in orange juice which serves as samples of liquid food. From the samples prepared, the bacteria count is in order of  $1.61 \times 10^5$  CFU/mL before treatment, after treatment the count reduced to  $1.01 \times 10^3$  CFU/mL and  $2.10 \times 10^4$  CFU/mL concerning 1kHz and 2kHz pulse frequency used for the two samples treated.

**Keywords:** Pulse-Electric Field, Food Preservation, Square wave, Field Intensity, Design.

### 1.INTRODUCTION

Food is referred to as any substance that can be consumed to provide the body with nutrients [1]. In general, it contains essential nutrients such as proteins, fats, carbohydrates, vitamins and minerals, usually sourced from plants and animals [2]. An organism, including man, ingests food in order to acquire vitality, stimulate growth and sustain life [3]. Foods are purposely consumed for gratification as well as for medicinal reasons to cure or prevent ailments [4]. While food production has received a high level of attention from researchers and policymakers in addressing food security and sustainability issues, but less related to food processing and preservation [3].

Food handling and logistics widely include growing, harvesting, processing, packaging and distributing food [5]. Foods, except for those that can be consumed in its raw form, are processed from raw forms to ready-to-consume forms. These procedures invariably affect the chemical, physical, and shelf life properties of food [6]. Some of the transformations initiated by food processing are desired. The food shelf life is extended by inactivating the micro-organisms, thus improving its aroma, texture, and taste, thereby making the food more appealing and aiding digestion [6]. Moreover, food processing can also cause side effects that can bring unwanted changes in the sensory, physicochemical, and nutritional properties of food contents. Traditionally food processes are classified into thermal (baking, freezing, pasteurization, refrigeration,) [7], non-thermal (pressure treatment, microwave, refining) and mechanical (cutting, peeling, mixing, trimming) [6]. Some of these techniques are also applied commercially for food processing and preservations of packaged foods [8]. While the mechanical process may not be appropriate for liquid foods, thermal methods can cause losses of useful critical nutrients in them [9]. Today, chemical preservatives are administered in the form of food additives to aid the preservation process of liquid foods [10]. However, there is increasing pressure on food manufacturers to avoid the use of such additives entirely or to adopt "natural" alternatives [11]. Moreover, the non-thermal processing techniques have been found very appropriate for liquid food [12].

The non-thermal food processing techniques mainly includes the high hydrostatic pressure application and the pulsed electric field (PEF) amongst others [13][14][15]. Over the years, PEF has proven to be a viable alternative for the processing and preservation of liquid foods such as fruit juices, dairies and liquid eggs [16][17][18]. However, this technique is a method to prolongs the shelf life of liquid foods, but it is costly to set up industrially [19][20]. This project involves the design and development of a pilot-scale cost-effective PEF system using the Cockcroft-Walton voltage multiplier application [21]. The research will engender breakthroughs in developing industrial techniques for sustainable and safe liquid food processing in Nigeria.

**2.EXPERIMENTATION**

A pilot-scale PEF treatment has been designed and built.

**2.1 Hardware Design**

Figure 1 shows the developed block diagram for the designed PEF system. The following components are present in PEF system:

- (i) High Voltage Pulse Generator (HVPG),
- ii) Continuous flow processing chamber, and
- iii) Measuring device.

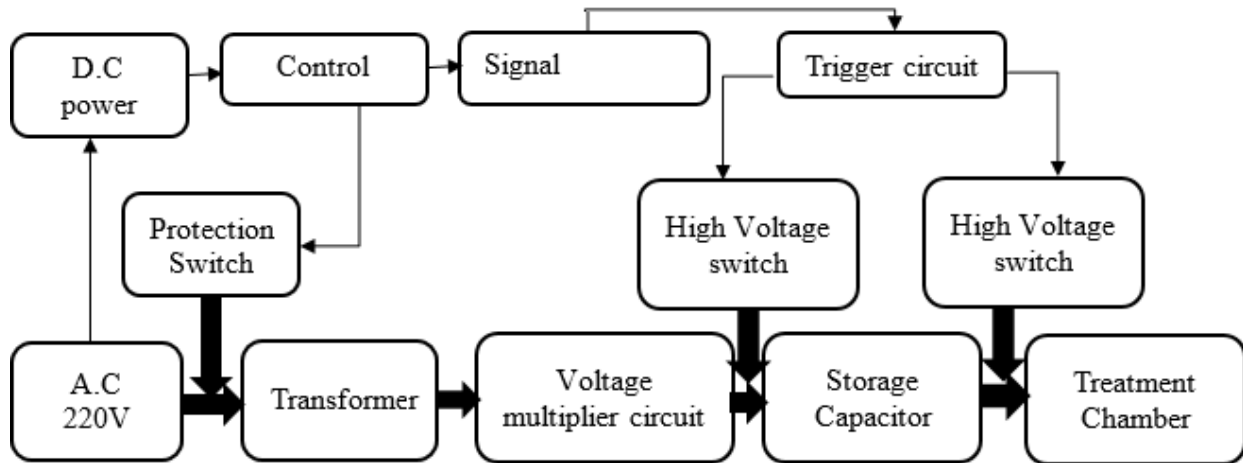


Figure. 1: The block diagram illustrating the PEF system

**2.2 High Voltage Pulse Generator (HVPG)**

HPVG components consist of High Voltage DC Power Supply (HVDC), Switch (S), High Voltage Switch (HVS), Signal Generator (SG), and Capacitor Storage (SC). Figure 2 shows the design of the HVPG electrical circuit. The transformer uses Cockcroft Walton (CW) voltage multiplier tubes to increase the grid voltage from 220 VAC to 400 VAC and from 400 VAC to 5500 VDC. The input voltage of the voltage multiplier is taken from the secondary side of the

single-phase transformer (220 VAC). A 14-stage cascade was built for the CW voltage multiplier, each stage containing two capacitors and two diodes. The main components used to build a voltage multiplier circuit are a voltage converter, a series of 1000 μF/600 V single capacitance series smoothing capacitors, a series of coupling capacitors and a series of power rectifying diodes 600 V/40 1N1190A. It consists of connections

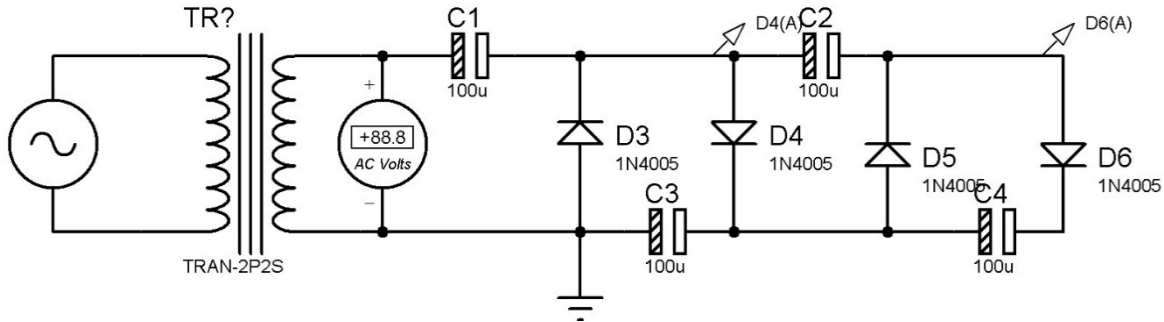


Figure 2: A typical HVPG Electrical circuit diagram

The voltage multiplier circuit uses HVS to charge the storage capacitor (C) in DC format until the preset voltage is reached. The capacitor voltage is converted into narrow pulses in the processing chamber by activating the signal using another HVS and a pulse generator (SG). The DC signal (5V) is initiated using an ATmega328P function generation microcontroller. The Microchip ATmega328P is a microcontroller board that operates on an open source Arduino software[22]. These installed DC signals defines the frequency and width of the pulse of the developed PEF systems. The capacitors are built in the system using parallel and series capacitors having capacitance totaling into 6.8μF/10kV.

**2.3 Cockcroft-Walton (CW) Voltage multiplier**

Voltage multipliers are a circuit that boosts low voltage alternating current (AC) to high voltage direct current (DC), usually utilizing a combination of a diode and a capacitor[21]. The circuit combines the Villard voltage doubler and the half-wave rectification circuit to obtain a high voltage direct current (DC). The equation that governs the circuit is given below:

$$V_o = a_i \times N \quad , \quad [23] \quad 1$$

- $V_o$  = output Voltage
- $a_i$  = input voltage
- $N$  = number of stages

**2.4 Design Calculations for the Transformer**

For the design of power transformer required for stepping up line voltage from 220V to 400V, the following calculation will be considered.

Output Voltage,  $V_o = 400V$

Output Current,  $I_o = 1Amps$

Apparent Power Output,  $P_a (V_o \times I_o) = 400Va$  2

To determine the true output power of the transformer, a power loss factor of 0.8(considering that the voltage and current are out of phase by  $53^\circ$ )

True Power Output,  $P_t = 500W$

Area of transformer needed,  $A = \sqrt{P_t}$ , [24] 3

$$A = \sqrt{500}$$

$$A = 22.36cm^2$$

$$A = Stack(S) \times Tongue(T)$$

Tongue = 5.3cm

$$Stack\ Needed, S = \frac{22.36}{5.3}$$

$$S = 4.22cm$$

The stack is the thickness of the magnetic iron core stacked on each other.

The tongue is the length of the magnetic iron core that house the transformer coil.

**2.4.1 Turns/Volt Calculation**

$$E = 4.44fNB_m A, [25] \quad 4$$

$E = Electro - motive\ Force(E.M.F)$

$f = oscillating\ frequency$

$B_m = Electromagnetic\ induction$

$A = area\ of\ transformer$

From the E.M.F equation, turns/volt can be written as,

$$Turns/volt \left(\frac{N}{E}\right) = \frac{1}{4.44fB_m A} \quad 5$$

If,  $f = 50Hz$  (frequency of power transmission in Nigeria)

$B_m = 0.9$  (for magnetic iron core)

$$turns/volt = \frac{50.05}{A}$$

$$Turns/Volt = 2.238$$

i.e, 2.238 turns will give 1volt

**2.4.2 Calculation Involving Numbers of Turns**

On the primary side,

$$numbers\ of\ turns = 2.238 \times 220 = 492turns$$

On the secondary side,

$$numbers\ of\ turns = 2.238 \times 400 = 895turns$$

**2.4.3 Wire Guage Determination**

On the primary side,

$$Current\ flowing = \frac{500}{220} = 2.27amps$$

Considering the current rating, Guage 16 (Standard Wire Guage) will be used

On the secondary side,

$$Current\ flowing = \frac{500}{400} = 1.25amps$$

Considering the current ratingabove, Guage 20 (Standard Wire Guage) will be used

**2.5 Electrical Measurements**

The intensity of the electric field (E, kV/cm) is calculated as a function of the separation distance (cm) between the parallel electrodes of the processing chamber and the high voltage of the processing chamber during the measurement of PEF processing (V, kV). The following formula:

$$E = \frac{V}{d} \quad [15].....6$$

$E = electric\ field\ intensity$

V = Voltage across the chamber during the PEF treatment.

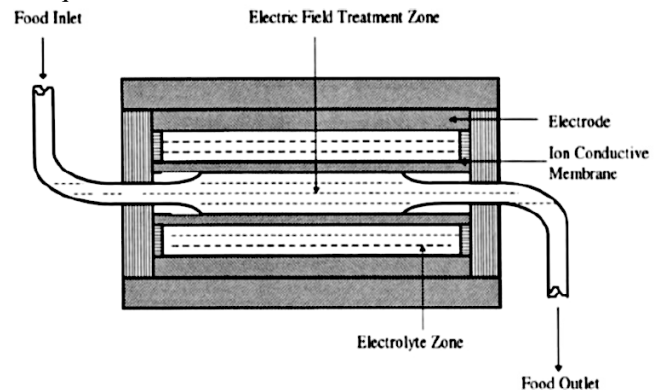
d = distance between two electrode of treatment chamber.

Other parameters measured are:

- ❖ Waveform (shape),
- ❖ Pulse duration (t,  $\mu s$ ),
- ❖ Pulse rate (Hz)
- ❖ Current (I, A) across the treatment chamber.

**2.6 Treatment Chamber**

A static processing chamber detains a sizable quantity of the liquid food inside during pulsation and transfer the high voltage pulse to the PEF. The continuous flow processing chamber consists of a 10 mm diameter tube with two parallel copper electrodes. Figure 3 shows the profile of the flow of the liquid food.



**Figure 3:** A typical PEF showing the profile of the continuous flow of liquid food through the electric field Chamber[21]

**3. RESULTS AND DISCUSSIONS**

The followings are the recorded results under different categories of the design, fabrication and testing of the pilot scale equipment.

**3.1 Material Selection**

The objective of any design dealing with manufacturing of products is to produce components that will adequately perform the desired task and meeting the objectives the product is design. The performance of the signal generator was also evaluated. Figures 4 and 5 shows the build high voltage generator for the PEF system. A series of tests and changes were made to improve performance and meet desired requirements.

**3.2 Fabrication**

The fabrication of the Pulse-Electric Field System required careful selection of different material and mechanism to produce the desired effect from the system.

**3.2.1 High Voltage Generation**

In the generation of high voltage, a series of capacitors interlaced with diode was used. The line voltage enters at one side of the circuit, and the very high voltage in the magnitude of 5.5kV comes out at the other end.

**3.2.2 Pulse Control**

The ATmega-328 was used to achieve control of the pulse. The code which generates the square waveform was written on the Arduino platform. Also, a button input on the microcontroller controls the pulse rates. The pulse rates generated for this project are:

- ❖ 0Hz at 5.5kV,
- ❖ 1Hz at 5.5kV
- ❖ 2Hz at 5.5kV

The effect of high voltages at various pulse rates is tested. For the feedback and display, a 16x2 alphanumeric Liquid Crystal Display (LCD) connected to the microcontroller and used similar to [26]. A power switch was also used to power on and off the pulse control system.

**3.2.3 Insulation**

The Pulse System was embedded in a plastic casing which prevents the high voltage circuit from the reach of the user. Also, a relay was used in the system to isolate the high voltage side from the output terminal for safety purpose.

**3.3 Liquid Load Testing**

The table 1 shows the properties of the cultured solution used in the testing of liquid food.

**Table 1: Bacterial Culture Description**

Micro-organism culture		Bacteria
Genus		<i>Escherichia</i>
Specie		<i>E.coli</i>
Strain		Harmless
Growth composition	medium	MacConkey agar
Growth temperature		44.5°C
Incubation time		24hours

**3.3.1 Description of the Procedure for Enumerating Micro-organisms**

**Sample Collection**

1L water sample of the gutter was scooped and placed into a sterile grease-free container and then capped.

**Laboratory Analysis**

A 100 ml water sample or a dilution of the eluate was mixed with sodium chloride, log-phase host bacteria, and tryptic soy agar with double strength. The sample mixture was incubated at 36°C for 16-24 hours. Counting and summation of circular lysis zones (plaques) were carried out over all plates in each sample. The amount of coliphage in each sample expressed as colony forming units (CFU/ml) per

millilitre. Sample analysis of bacterial indicators for E. coli, enterococci, and faecal E. coli was done by preparing serial dilutions for plating using standard membrane filters. MacConkey agar was used for E. coli. MacConkey agar plates were incubated at a temperature 35°C for 2 hours and then at a temperature 44.5°C for 22 hours. Pink colonies were counted as E. coli.

**Table 2: Processing Parameters for Treated Samples**

	Sample 1	Sample 2
Voltage(V)	5500V	5500V
Current(A)	1.25A	1.25A
Electric Field Strength(E)	11kV/cm	11kV/cm
Number of pulses	120	60
Pulse Shape	Square	Square
Pulse Control Time	0.5µsec	1sec
Frequency	1kHz	2kHz

The samples are treated with the parameters listed in the table 2, and the result is presented in table 3.

**Table 3: Result of the Treated Samples**

	Untreated Sample	Sample 1	Sample 2
<b>Bacteria Count(CFU/mL)</b>	$1.61 \times 10^5$	$1.01 \times 10^5$	$2.10 \times 10^4$

The result above shows that there is a reduction in bacteria count when the samples are treated with the Pulse-Electric Field System. Furthermore, it is noticed that the effect of the high voltage varies with the pulse rate. This can be affirmed by comparing the result of sample one (treated at 1kHz pulse rate) and sample two (treated at 2kHz pulse rate). For sample one, the bacterial count reduced by 32.27% compared to sample two with 87% reduction in bacterial count.



**Figure 4: Pulse Generator Front View**

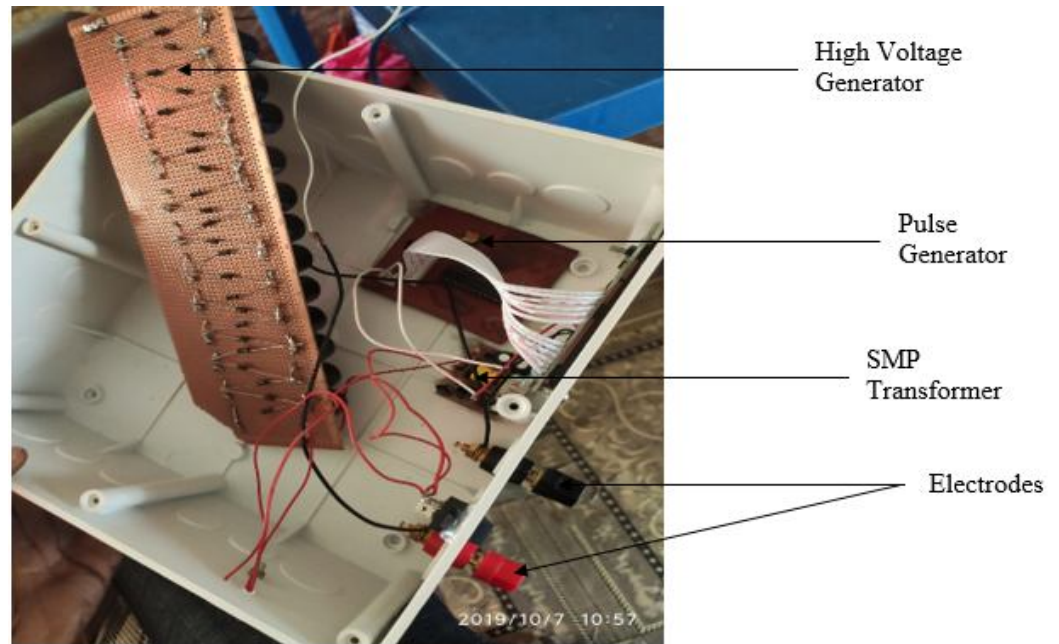


Figure 5: Pulse Generator Inside View

#### 4. CONCLUSION

The objectives of this project for the preservation and pretreatment of liquid food were achieved with a reduced size pulse generation system. The result showed that the low-cost fabricated system reduces the activities of micro-organism on the treated liquid food samples. The design can be blown up to an industrial scale for a sustainable cost-effective liquid food technology in Nigeria.

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